

What's Cook'n

Easy Does It Sour Cream Pound



- 2 cups flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 1 cup (2 sticks) butter or margarine
- 1 2/3 cups sugar
- 5 eggs
- 1 1/2 teaspoons vanilla
- 1/2 cup sour cream

Heat oven to 325 degrees F. Grease 9 x 5 inch loaf pan.

Mix flour, baking powder and salt in small bowl. Beat sugar and butter in large bowl with electric mixer on medium speed until light and fluffy. Add eggs one at a time, beating well after each addition. Beat in vanilla. Add flour mixture alternately with sour cream stirring after each addition until smooth. Pour into prepared pan.

Bake one hour and ten minutes or until toothpick can be inserted in

the middle and come out clean. Cool ten minutes. Remove from pan, place on cake dish and cover.

Chicken & Dumplings

- 1 broiler-fryer chicken, cut into pieces(3 lbs.)
- 2 stalks celery, cut into 1-inch pieces
- 3 carrots, cut into 1-inch pieces
- 1 medium onion, quartered
- 1 1/2 tsp. salt
- 1/4 tsp. pepper
- 1/2 cup flour
- 2 tablespoons cold water
- 1 egg white

Bring chicken, water to cover, vegetables, salt and pepper to a boil in large pot. Reduce heat; simmer 30 minutes or until chicken is tender. Remove chicken and vegetable; set aside. Discard celery and onion. Mix flour, water and egg white in small bowl until stiff dough forms. Roll on lightly floured surface until dough is 1/8 inch thick. Cut into 1-inch strips.

Bring remaining liquid to a boil in pot. Add dumplings; return chicken and carrots to pot. Cook on medium-high heat 10 to 15 minutes or until dumplings are tender.

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